FAITH REGIONAL HEALTH SERVICES

Voiding Cystourethrogram (VCUG)

This instruction sheet has been prepared by Faith Regional Health Services. It includes the basic points of your care. If you have any questions, please feel free to contact them at 402-644-7540.

TELL YOUR HEALTH CARE PROVIDER IF YOU ARE PREGNANT OR MAY BE PREGNANT.

Your Health Care Provider has ordered a test called Voiding Cystourethrogram or VCUG. This is an x-ray study of the bladder and urethra that is done while the bladder is emptying. This test may be done to diagnose the cause of urinary tract infections, especially in children who have had more than one urinary tract or bladder infection. It is also used to diagnose and evaluate; difficulty emptying the bladder, birth defects with the bladder or urethra, narrowing of the tube that carries urine out of the bladder, or urinary reflux from the bladder up into the kidney.

During your exam:

You will be positioned on the x-ray table. A Registered Nurse (RN) will insert a catheter into the urethra. Once the catheter is in place a contrast material will then flow thru the catheter and fill the bladder. Once the bladder is full x-ray images will be taken during the voiding process. These images will indicate to the Radiologist and your Health Care Provider any diagnosis that may provide better treatment for your symptoms. When all images are taken the catheter will be removed.

Preparing for your exam:

- There is no preparation for this test.

Additional Information:

- The procedure is performed at FRHS West Campus Radiology Department.
- Enter the hospital through the main lobby and check in at the admitting desk.
- Check in **15 minutes** prior to your exam.

Date and time of your exam: _____

Check into admitting desk at: _____

Results of your exam may take 24 to 48 hours to reach your provider and will be discussed with you at your next scheduled office appointment. If you do not have an appointment scheduled and have not heard from your provider, please contact them after 48 hours to set up an appointment to discuss your results.

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