



Fluoroscopy Injections

(Shoulder or Wrist Arthrograms and Hip Injections)

This instruction sheet has been prepared by Faith Regional Health Services. It includes the basic points of your care. If you have any questions, please feel free to contact them at 402-644-7540.

TELL YOUR HEALTH CARE PROVIDER IF YOU ARE PREGNANT OR MAY BE PREGNANT.

Your Health Care Provider has ordered an injection to be done using a contrast material and x-ray. Depending on the type of injection that has been ordered a steroid type medication may also be used. Depending on the symptoms you are experiencing there are several types of exams that could be ordered.

Arthrograms:

An arthrogram is the injection of a contrast agent or radiology dye into the problem joint. The arthrogram is usually followed with an MRI or CT of the joint once the contrast material is in place. This examination provides additional detail regarding the interior/inside of the joint and may aid the Radiologist and your Health Care Provider in determining a diagnosis of your symptoms.

Fluoroscopic Guided Injections:

A fluoroscopic guided injection involves injecting medicine directly into the joint. This procedure is used mostly for therapeutic reasons combining a corticosteroid and numbing agent. These injections can help diagnose the source of pain, as well as alleviate the discomfort. No other imaging is needed.

During your exam:

You will need to remove any metallic objects from the area where the injection will occur. This may require you to change into a gown for the procedure. The Registered Radiologic Technologist will explain the procedure, answer any questions, and have you sign a consent form. Once you are lying on the x-ray table the Radiologist will use an antiseptic to clean the location on your skin where the injection will occur. Then the Radiologist will use a medication to “numb” the area of the injection. A needle will be placed in the joint space using x-ray images to ensure proper location of the contrast

material. A number of x-ray images will be taken and you may be asked to move the affected joint. If your procedure requires additional images using MRI or CT, you will then be escorted to the appropriate area to complete your test.

Preparing for your exam:

- No prep is needed for these procedures.

Additional Information:

- The procedure is performed at FRHS West Campus Radiology Department.
- Enter the hospital through the main lobby and check in at the admitting desk.
- Check in 15 minutes prior to appointment time.

Date and time of your exam: _____

Check into admitting desk at: _____

Results of your test may take 24 to 48 hours to reach your provider and will be discussed with you at your next scheduled office appointment. If you do not have an appointment scheduled and have not heard from your provider, please contact them after 48 hours to set up an appointment to discuss your results.